From: VPL Vignette Newsletter vplnews@4cls.org &

Subject: [Vplnews] Comics, Graphic Novels & More—Now Free with Your Library Card

Date: September 4, 2025 at 5:07 PM

To: vplnews@4cls.org



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VPL Vignette September 2025



Your library card now includes free access to Comics Plus! Comics Plus has graphic novels and comics for all ages. The best part about Comics Plus? No hold lists! All titles are available to all users at all times, so you don't have to wait to find out what happens next.

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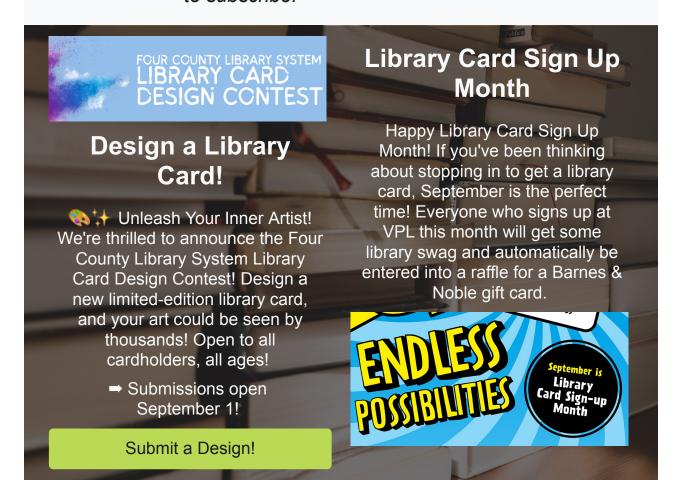
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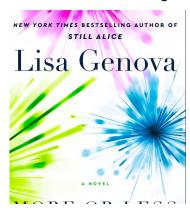
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Staff Book Review

Melanie - Office Manager



More or Less Maddy follows the journey of a college student dealing with issues commonplace in the life of a young adult - the breakup of a relationship, adjusting to life away from home, and figuring out what to do with her life. However, Maddy is also coping with an undiagnosed mental illness that makes these ordinary challenges feel insurmountable.



Overwhelmed, she descends into depression which at first improves with the help of medication. Soon though, Maddy spirals into a cycle of mania and depression, a telltale sign of bipolar disorder. Learning to accept the diagnosis and find hope for the future is a difficult process for Maddy and her family as they struggle with shame, frustration and despair. More or Less Maddy allows the reader to gain a better understanding of bipolar disorder and empathize with families experiencing challenges associated with the diagnosis. Though uncomfortable to read at times, this novel provides valuable insight into what it feels like to live every day with bipolar disorder and has the potential to open conversations that help destigmatize mental illness.

If this book sounds interesting, you may also want to check out other books by author Lisa Genova. A neuroscientist, Genova tackles autism, traumatic brain injury, Alzheimer's, ALS, and Huntington's disease in her other novels.

More or Less Maddy by Lisa Genova





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